

**NOTICE - REGARDING CHANGES TO FORM 1095-B DISTRIBUTION PROCESS
FOR 2020**

If you participated in the Sound Health & Wellness Trust (the "Trust") in prior years, you should have received a tax form from the Trust (labeled "Form 1095-B") indicating the months in which you and your dependents (if any) had healthcare coverage through the Trust during the prior calendar year.

The purpose of the Form 1095-B was to provide you with proof that you were enrolled in healthcare coverage during the prior year and satisfy your obligation under the Individual Shared Responsibility requirements of the Affordable Care Act (commonly referred to as the "individual mandate").

Effective as of January 1, 2019, Congress eliminated the individual penalty for failing to satisfy the individual mandate. As a result, the IRS determined that the Form 1095-B no longer needs to be distributed to participants. **In accordance with the IRS's determination, you will not receive a Form 1095-B from the Trust for the 2019 tax year - unless you request a copy.**

To access your Form 1095-B, log into your Sound Health & Wellness Trust secure account. Click on "My Records" and select "My 1095-B Tax Form". To view your form, click on the green box that says "1095-B". If you are unable to access your form from the Trust's web site, please email customerservice@soundhealthwellness.com or send a written request to Sound Health & Wellness Trust Customer Service, P.O. Box 2265, Seattle, WA 98111 to request a copy of your 2019 Form 1095-B. Please allow up to 14 days from receipt for your request to be processed.

If you have any questions about this Form or the Trust's reporting obligations, please contact the Trust office at (206) 282-4500 or (800) 225-7620 option 2, then option 2 again.

[Click here to log into your secure account](#)