



## WEIGHT WATCHERS ESSENTIALS PARTICIPATION FORM – HRA FUNDING

Follow the instructions below to complete this form to earn up to \$200 in 2017 HRA funding. By actively participating in a Weight Watchers program for three consecutive months during 2016, you can earn \$150. Or, by actively participating in a Weight Watchers program for six consecutive months during 2016, you can earn \$200.

\*This means logging your weight online for Essentials subscribers for 10 of a 12-week period for \$150 or 20 of a 24 week period for \$200.

**Your HRA funding may be delayed or not processed if this form is not fully completed.**

### Please complete the following: (PLEASE PRINT)

#### 1. Participant Information (Trust Member)

Name \_\_\_\_\_ Social Security # / ID # \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

#### 2. Weight Watchers Participant Information (Trust Member or Spouse)

Name \_\_\_\_\_ Relationship \_\_\_\_\_

#### 3. Print a copy of your weight tracker report

Include a copy of your weight tracker report indicating your weight for at least 10 of the last 12 weeks.

#### 4. I certify that the information on this form is correct and the services were provided as indicated.

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Date

#### 5. Mail this completed form:

Sound Health & Wellness Trust  
Weight Watchers Participation-HRA Funding  
201 Queen Anne Avenue N, Suite 100  
Seattle, WA 98109  
OR  
Fax to: (206) 285-4437

By providing the information above and submitting this participation form, you acknowledge and agree to the following Terms and Conditions: *Keep copies of all material submitted. Weight Watchers and Sound Health and Wellness Trust are not responsible for lost, late or misdirected mail. The information submitted on this form will be used solely to fund your HRA and not for any reimbursement of Weight Watchers program fees.*