Sound Plan Benefit Eligibility Timeline

- **Within 30 Days of Notice**
  - Enroll yourself, spouse & all children - or opt out - within 30 days

- **Meet Required Worked Hours**
  - **60 HRS/MO**
    - Work at least 60 hours a month for employee-only coverage
  - **80 HRS/MO**
    - Work at least 80 hours a month for family coverage

- **First Day of 4th Month Worked**
  - Medical & prescription drug coverage begins for employees and all enrolled dependent children*
  - Wellness programs begin for employees*

- **First Day of 10th Month Worked**
  - Medical, prescription drug coverage begins for enrolled spouse*
  - Dental coverage begins*
  - Wellness program begins for enrolled spouse*

- **First Day of 13th Month Worked**
  - Time loss disability, life insurance and AD&D begins*
  - Vision coverage begins*
  - HRA account eligibility begins*

*Or the first of the month following 60 days after the employee reaches 1200 hours, if required work hours are met.

*If required work hours are met.

Please visit [www.soundhealthwellness.com](http://www.soundhealthwellness.com) for complete details on:

- How to enroll
- Restrictions around enrollment and eligibility
- Choices that can impact your employee premium
- Additional information regarding worked hours requirements

For questions regarding eligibility and the enrollment process please call:

(206) 282-4500 or (800) 225-7620