



11724 NE 195th St. Suite 300 (206) 282-4500 www.soundhealthwellness.com
 Bothell, WA 98011-3145 (800) 225-7620

BIOMETRIC SCREENING CONFIRMATION FORM

You may earn \$100 of your 2025 HRA funding by having a biometric screening performed between January 1, 2024 and December 31, 2024. Biometric screening consists of blood pressure, cholesterol testing, blood glucose testing and body mass index (BMI). A copy of this completed form will be provided by the Trust Office to your primary care physician to be placed in your medical records.

PLEASE COMPLETE ALL SECTIONS IN FULL

1. PARTICIPANT / PATIENT INFORMATION (To be completed by participant/patient)

Employee Name: _____ Social Security #: _____ - _____ - _____

Address: _____ City _____ State _____ Zip _____

Patient is: Self Spouse Same Sex Domestic Partner

Patient's Full Name: _____ Birthdate: ____/____/____ Gender: M F

2. PATIENT'S PRIMARY CARE PHYSICIAN INFORMATION (To be completed by participant/patient)

Physician's Name: _____

Address: _____ City _____ State _____ Zip _____

Phone Number: _____

3. BIOMETRIC SCREENING PROVIDED (To be completed by health care provider)

Please mark box and provide results below for each Biometric Screening

- Blood Pressure Results: Systolic _____ Diastolic _____
- BMI (height/weight) Results: Height _____ Weight _____ BMI _____
- Cholesterol test Results: TC _____ HDL _____ TC/HDL ratio _____ LDL _____
- Blood glucose test Results: GLU _____

Date Completed: _____

Health care provider name: _____

Address: _____ City _____ State _____ Zip _____

Phone Number: _____

4. CERTIFICATION

I certify that the information on this form is correct and the services were provided as indicated.

PARTICIPANT'S SIGNATURE

DATE

Mail this fully completed form to:
 Sound Health & Wellness Trust
 Attn: HRA Funding
 11724 NE 195th St. Suite 300
 Bothell, WA 98011-3145
 Or
 Fax to: (206) 285-1701