



July 24, 2023

## SUMMARY OF MATERIAL MODIFICATIONS

TO: ALL SOUND HEALTH & WELLNESS TRUST PLAN PARTICIPANTS

The Board of Trustees of Sound Health and Wellness Trust (“Trust”) has adopted the following changes to your Plan. Please keep this document with your Summary Plan Description (“SPD”).

**1. Effective for claims incurred on or after June 15, 2023, the following language is added to the Section entitled “Covered Medical Expenses” starting on page 50 of the Sound PPO Plan SPD, page 42 of the SoundPlus PPO Plan SPD, page 49 of the Sound Kaiser Permanent Plan SPD, and page 43 of the SoundPlus Kaiser Permanente Plan SPD:**

### **Pancreatic Enzyme Therapy**

Pancreatic enzyme therapies determined to be Medically Necessary and for the treatment of pancreatic insufficiency as a result of conditions such as pancreatitis, cystic fibrosis, or pancreatic resections.

**2. Effective for claims incurred on or after June 15, 2023, the following language is added to the Section entitled “Medical Exclusions and Limitations” starting on page 68 of the Sound PPO Plan SPD, page 61 of the SoundPlus PPO Plan SPD, page 65 of the Sound Kaiser Permanent Plan SPD, and page 58 of the SoundPlus Kaiser Permanente Plan SPD:**

*35. Enzyme Replacement Therapy, which is defined as any therapy that replaces or augments a deficiency in enzymes ordinarily produced in the absence of a condition or congenital genetic abnormality which results in an absence of, or deficient levels of enzymes that enable normal functioning of cells and organ systems.*

*36. Gene Therapy, which is defined as any therapy that introduces, changes or modifies a participant’s genetic material via any technique for the purposes of treating any inherited absence of or abnormality of a gene or component thereof, or modification of existing genetic material to treat an existing congenital abnormality or disease arising from the participant’s unmodified genetic make-up, or to abort or forestall the development of a disease or condition related to the participant’s congenital genetic make-up.*

**3. Effective for claims incurred on or after June 1, 2023, weight control drugs will no longer be covered by the Trust under all plan options. The Section entitled “Covered Prescription Drug Expenses” starting on page 75 of the Sound**

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**PPO Plan SPD and page 68 of the SoundPlus PPO Plan SPD is amended to remove weight control drugs. However, if you were prescribed and are currently taking Phenteramine prior to June 1, 2023, your prescription for these drugs will continue to be covered under any of the Trust's plan options for up to five (5) years.**

If you have any questions about this notice or want further information about these changes in benefits, please contact the Trust Office at 206.282.4500 or 800.225.7620.