



March 31, 2023

SUMMARY OF MATERIAL MODIFICATIONS

TO: ALL PARTICIPANTS IN THE KAISER PERMANENTE SOUND HEALTH & WELLNESS TRUST

The Board of Trustees of the Sound Health & Wellness Trust (“Trust”) has adopted the following changes to your benefits. **Except as noted otherwise below, these changes are effective for claims incurred on or after June 1, 2022.** Please keep this document with your Summary Plan Description (“SPD”).

1. Your dental benefit has been modified to remove the deductible requirement for “Class I” services as described in the SPD. The chart below updates the chart in the “DDWA Preferred Dental Option” Subsection of the Section entitled “Dental Benefits” on page 74 of the Sound Kaiser Permanente SPD, and page 67 of the SoundPlus Kaiser Permanente Plan SPD:

<i>Each person per calendar year</i>	\$10 (waived for Class I services)
<i>Each family per calendar year</i>	\$30 (waived for Class I services)

2. The following clarification replaces the first paragraph of the “Hearing Examinations and Hearing Aids” Subsection of the Section entitled “Medical Benefits” on page 54 of the Sound Kaiser Permanente SPD and page 47 of the SoundPlus Kaiser Permanente Plan SPD:

The Plan covers the following:

- Hearing examinations to determine hearing loss.
- If your clinician has determined that a hearing aid is Medically Necessary, hearing aids (or other non-surgical hearing enhancers), including hearing aid examinations and fittings when authorized by a physician up to a maximum of \$1,000 per ear and limited to one aid per ear during a period of three consecutive years.

3. Effective February 9, 2023, the following language replaces “Gender Dysphoria Treatment” in its entirety on page 53 of the Sound Kaiser Permanente SPD and page 47 of the SoundPlus Kaiser Permanente Plan SPD:

Gender Dysphoria Treatment

Treatment of gender dysphoria will be considered a covered service, provided that all relevant terms of the Plan are met. All covered services must be Medically Necessary and cosmetic procedures are not covered services under the Plan.

Preauthorization of all treatment services is required, and all requested services will be subject to review by Kaiser Permanente.

Covered services may include supportive mental health counseling and treatment of any additional co-morbid mental health conditions, hormonal treatment interventions including medications, orchiectomy, oophorectomy and hysterectomy, as well as genital reconstructive surgery, and certain surgical procedures including hair removal of the throat and face for participants who are assigned male or non-binary at birth and as otherwise required prior to reconstructive genital procedures, laryngoplasty and breast augmentation utilizing implants for participants assigned male at birth, mastectomy for those assigned female at birth. Facial contouring and other facial reconstructive surgeries and procedures including but not limited to hairline advancement and transplantation and collagen injections, liposuction, abdominoplasty, and other cosmetic procedures are not covered services under the Plan.

Reversal of procedures for previously performed genital surgery or surgery performed to alter secondary sex characteristics, voice modification surgery and speech therapy for the purposes of voice modification, additional cosmetic breast augmentation procedures beyond initially approved procedures and other cosmetic procedures are also not covered services under the Plan.

For services to be considered a covered service, patients must be enrolled in the Kaiser Permanente of Washington Gender Health Case Management Program. You or your physician can begin the process by calling Kaiser Permanente at (888) 245-9004.

If you have any questions about this notice or want further information about these changes in benefits, please contact the Trust Office at 206.282.4500 or 800.225.7620.