

# KPWA - How to update or select a Primary Care Provider (PCP)

1. Visit [www.kp.org/wa](http://www.kp.org/wa) and select the “Sign in to KP Washington” button.

The screenshot shows the top navigation bar of the Kaiser Permanente website. On the left is the Kaiser Permanente logo. On the right, there are links for 'Español', 'Washington' (with a dropdown arrow), 'Security', and 'Register'. A red arrow points to a blue button labeled 'Sign in to KP Washington'. Below this button is a link that says 'Not in Washington State? Click here to log in'. Below the navigation bar is a secondary menu with links for 'Learn', 'Shop Plans', 'Doctors & Locations', 'Health & Wellness', and 'Get Care', along with a search icon and the word 'Search'. The main content area features a large heading 'Good afternoon Clackamas, OR' with a location pin icon. To the right of the heading is a green box that says 'Air quality Good'. Below the heading is a large image of a healthcare provider in a white coat and gloves administering a vaccine to a woman wearing a blue face mask. Overlaid on the bottom right of the image is a white box titled 'Today's suggestions:' containing several rounded rectangular buttons: 'COVID-19 vaccine', 'COVID-19 testing', 'COVID-19 & pregnancy', 'Mental health tools', 'Shop plans', 'Pharmacy', 'Make a payment', and 'Appointment check-in'.

2. On the next screen, enter your **Member ID #** and **Password**, then click “**Sign in**”.

 **KAISER PERMANENTE**

### Member sign in

**What's new?**  
Kaiser Permanente is expanding the type of health information available to you and anyone who has access to your health records. To protect your health information, please take this opportunity to [update your password](#). Teen members (age 13-17) are not impacted by these changes at this time.

**New to our member website?**  
[Register Now!](#)  
Get access to your personal online services. Choose a doctor, refill prescriptions, and check your benefits. If you get care at a Kaiser Permanente medical office, you can also email your providers, make appointments, and view lab results.  
[Online Services](#)

Member ID #:  
  
[ID number information](#)

Password:  
  
[Forget your password?](#)

**Sign in**

You must be at least 13 years old to register.  
For assistance, see [technical help](#) or contact [Member Services](#).  
Unauthorized access is prohibited. Read our [privacy policy](#).

3. After signing in, you will be directed to the KPWA Secure Member Dashboard.

4. Scroll down and click the button labeled **“Complete and review your Health Profile”**.”

**KAISER PERMANENTE** Account View family Search the site Search

View benefits View care team Messages (10) Records

Hi Ginny, how can we help you today?

Need help? Our assistant can help you quickly find what you're looking for.

COVID-19 Ongoing health concern New health concern Contact member services Access pharmacy services

Show all care options

### Care reminders

<b>Endoscopy</b> Due: June 26, 2021 Status: Overdue	<b>Vaccine: Flu</b> Due: October 01, 2021 Status: Not Due	<b>Depression follow-up questionnaire</b> Due: November 13, 2021 Status: Not Due
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See all care reminders (8)

**Complete and review your Health Profile** Take control of your health with an updated Health Profile. Use it as a guide to discuss any health concerns with your doctor.

5. To update or select your Primary Care Provider, choose the link labeled “Choose your doctor”.

The screenshot shows the Kaiser Permanente member portal interface. At the top left is the Kaiser Permanente logo. To the right are links for 'Account' and 'View family'. A search bar is located in the top right corner. Below the navigation bar are buttons for 'View benefits', 'View care team', 'Messages (10)', and 'Records'. The main content area is titled 'Your health action plan'. It contains several paragraphs of text explaining the health action plan, followed by a photograph of a woman in a teal shirt and dark pants walking in a park. Below the text and photo are two buttons: 'Choose your doctor' (highlighted with a red box) and 'Complete health profile'. A red arrow points from the text 'This assessment isn't intended to be professional health advice...' down to the 'Choose your doctor' button.

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Account ▾ View family 👤

Search the site  Search

View benefits View care team

Messages (10) Records

## Your health action plan

Your health action plan is personalized for you by analyzing your Health Profile and your medical record. Learn about personal health risks, how to address those risks, and how to keep up your good health.

### Goals to better health

Your goals to better health are based on responses in your Health Profile. Each goal provides personalized feedback and suggestions for improving your health.

Your Health Profile is part of your medical record if you receive primary care at a Kaiser Permanente medical office. If you get primary care elsewhere, print this report and request that it be added to your medical record.

This assessment isn't intended to be professional health advice, diagnosis, or treatment. Talk with your doctor if you have questions or concerns about your health. If you have non-medical questions about your health profile, call Member Services at 1-888-901-4636.

**Choose your doctor** Complete health profile

6. After selecting the link “Choose your doctor” you will be redirected to the website for selecting or updating your Primary Care Provider.

7. Use the **search bar**, or select a common search such as “Family Medicine” from the **Primary Care dropdown**.

The screenshot displays the Kaiser Permanente website interface. At the top left is the Kaiser Permanente logo. On the top right, there are links for "English" and "GINNY COMMENT". Below the header is a yellow banner with an "IMPORTANT NOTE" icon and text: "To meet patient needs related to COVID-19, some Kaiser Permanente locations and providers are temporarily not available for in-person care. Your search results will reflect these temporary changes. We will continue to provide excellent care to our members through a broad array of virtual care options and in person when necessary." Below this is another "IMPORTANT NOTE" with a "View More" link. The main content area has a dark blue background. It features a search section with a "Network" dropdown set to "Core", a "City, state or zip" field with "Seattle, WA - 98115", and a "For" field with "GINNY COMMENT". To the left of the search bar is a "Browse by Category" dropdown. The search bar itself contains the text "Specialties, Procedures Cost, and Providers" and is highlighted with a red border. Below the search bar is a "Common Searches" section with four buttons: "Primary Care", "Urgent Care", "Mental Health", and "Pregnancy Care". The "Primary Care" button is highlighted with a red arrow, and its dropdown menu is open, showing options: "Family Medicine", "Internal Medicine", "Child & Teen Care", and "Geriatrics". To the right of the "Common Searches" section are two white cards. The first card is titled "Online Care" and features a laptop icon; it says "Get care from your computer or smartphone with live online Care Chat or an online visit." The second card is titled "Consulting Nurse Service 24/7" and features a telephone icon; it says "Talk with a nurse for care advice, or find out if you need immediate medical attention. Call 1-800-297-6877 or".