

Living Well: diabetes program

2019 Winter/Spring schedule

Location	Day of week	Dates – 6 weekly sessions	Time
Burien Medical Center Room G198 140 SW 146th St. Burien, WA 98166	Tuesdays	February 5 – March 12	1 p.m. – 3:30 p.m.
Factoria Medical Center Room 101 13451 SE 36th St. Bellevue, WA 98006	Fridays	April 12 – May 17	10 a.m. – 12:30 p.m.
Lynnwood: Homage Senior Services Board Room 5026 196 th St SW Lynnwood, WA 98036	Mondays	March 11 – April 15	10 a.m. – 12:30 p.m.
Puyallup Medical Center Room A110 1007 39th Ave. SE Puyallup, WA 98374-2192	Fridays	April 19 – May 24	10 a.m. – 12:30 p.m.
Rainier Medical Center Classroom 5316 Rainier Ave. S Seattle, WA 98118-2398	TBD	Call the Resource Line to be put on a waiting list 1-800-992-2279	
Renton Medical Center 1 st floor, Room 1 275 Bronson Way NE Renton, WA 98056	Tuesdays	March 5 – April 9	10 a.m. – 12:30 p.m.

Registration is required and this program will fill up quickly, so register as soon as you can.



Call the Resource Line toll-free at **1-800-992-2279**.



Go online to **kp.org/wa/livingwell**.