

Living Well: for any ongoing health condition

2019 Winter/Spring

Location	Day of week	Dates – 6 weekly sessions	Time
Everett Medical Center Room D/E 2930 Maple St. Everett, WA 98201	Thursdays	May 2 – June 6	10 a.m. – 12:30 p.m.
Factoria Medical Center Room 101 13451 SE 36th St. Bellevue, WA 98006	Fridays	February 15 – March 22	10 a.m. – 12:30 p.m.
Northgate Medical Center Room 205 9800 4th Ave. NE Seattle, WA 98115	Fridays	April 19 – May 24	10 a.m. – 12:30 p.m.
Olympia Medical Center Room A 700 Lilly Rd. NE Olympia, WA 98506	Fridays	February 1 – March 8	10 a.m. – 12:30 p.m.
Port Orchard Medical Center A12 Classroom 1400 Pottery Ave. Port Orchard, WA 98366	Mondays	April 1 – May 6	10 a.m. – 12:30 p.m.

Registration is required and this program will fill up quickly, so register as soon as you can.



Call the Resource Line toll-free at **1-800-992-2279**.



Go online to **kp.org/wa/livingwell**.